



大连医科大学附属第一医院

The First Affiliated Hospital of Dalian Medical University

构建医疗服务新模式 绘就“健康大连”新画卷

Constructing New Mode of Medical Service and Creating New Image of a "Healthy Dalian"



长春路院区



联合路院区



金普院区(金普新区医疗中心)



金普院区

作为拥有88载厚重历史积淀的医学院校,大连医科大学附属第一医院(以下简称大医一院)承载了几代人的记忆,也浓缩了一座城市的发展印记,更具有无可比拟的优势。2017年7月,大医一院率先垂范,主动迎接医改浪潮,在院党委的坚强领导下,院长徐英辉团结班子一道,党政同心,率领广大干部员工立足

医改。大医一院本着“服务、创意,做什么都要好”的医院院风,在“急症患者、疑难病患、高新技术、危重病患”四大医疗发展定位的基础上,创新医疗服务技术,持续改善医疗服务,高度重视患者就医体验及其获得感、幸福感,将“以病人为中心”的理念落到实处,真正做到业精于勤而惠于民。

As a university hospital with a long history of 88 years, the First Affiliated Hospital of Dalian Medical University (hereinafter referred to as "the hospital") carries the memories of generations and condenses the imprints of the city's developments with incomparable advantages. In July of 2017, the hospital took the lead to confront the trend of medical reform. Led by the hospital's Party Committee, Mr. Xu Yinghui, the director of the hospital, guided the leadership group and hospital staff to concentrate on the medical reform. The Hospital holds the principle of "focusing on services, innovation, and aiming for the best". Based on the four medical development positioning focuses of emergent patients, patients with stubborn disease, high medical technologies and patients in severe medical condition, the hospital persists in innovating medical service techniques, continuously improving the medical services and highly valuing the patients' medical experience and sense of acquisition and satisfaction. The philosophy of "patient-orientedness" is actually implemented to achieve the goal of excellent working with diligence for benefiting people.

【探索合作】打造区域医学中心

(Seeking Cooperation) Building up Regional Medical Center

大医一院充分发挥区域医疗中心辐射与带动作用,积极探索医院联盟体系,深化技术协作帮扶,推行专科专病联盟建设,打造紧密型医联体。

2007年,大医一院在辽宁省首次提出“建立技术协作医院”的发展思路,经过实地调研考察,启动了多种形式的医联体建设模式。医院与30余家医疗机构结盟并签署协议,与金普新区政府签订医联体协议,并先后成立辽宁省首个国家呼吸临床研究中心呼吸专科联盟、辽宁省心律失常临床医学协同创新联盟、首获国家卫生计生委高级脑卒中中心和国家临床研究中心联盟单位(省内

仅3家)、大连市医学影像专科联盟(其中全国99家和大连地区27家同时加盟)、大医一院肿瘤精准医疗专科联盟等12家专科联盟。同时,通过搭建多学科联合诊疗的新平台(MDT),为众多疑难重症患者提供个性化、精准化的诊疗服务。

此外,医院建立了综合医院、协作医院、社区卫生服务中心防治一体化的健康管理模式,每年还会召开一次社区卫生服务座谈会。通过专家工作站,医联体专家引领基层质量提升,辖区患者获得感明显增强。

The hospital has been giving full play to its radiating and leading role as the regional medical center, actively exploring the mode of hospital alliance system, deepening technical-level cooperation and assistance, expanding the channels of partnership assistance, accelerating the establishment of the alliance for the treatment of special diseases in key departments.

In 2007, the hospital put forward for the first time in Liaoning Province the developing course of "establishing a medical alliance of hospitals for technical cooperation", and furthermore, by conducting field survey and researches, it started the construction mode of "medical alliance of hospitals" of multi forms. The hospital has built alliance with the government of Jinpu New Area and over 30 medical institutions, and signed relevant agreements, and successively established the first national-level respiratory-disease alliance of research center of clinical respiratory treatment in Liaoning Province, Clinical Medical Coordination and Innovation Alliance of Arrhythmia in Liaoning Province, and became the member of Advanced Cerebral Stroke Center of National Health and Family Planning Commission and National Clinical Research Center Alliance (with only three members in Liaoning), Dalian Medical Imaging Alliance (with 99 members nationwide and 27 members in Dalian), and Precision Medical Treatment of Tumor-related Diseases Alliance of The First Affiliated Hospital of Dalian Medical University, with 12 alliances in total. Meanwhile, the hospital has been offering personalized and precise diagnosing and treatment services to large numbers of patients by means of building a new united multi-disciplinary diagnosis and treatment platform of MDT.

Besides, the hospital has established a healthy management mode of prevention-treatment combination of comprehensive hospitals, coordinated hospitals and community medical service centers, and held an annual symposium of community medical care service. Through the expert working stations, the experts from medical alliances helped to enhance the quality of primary medical care. The satisfaction degree of the patients in the residential areas was also increased.

【优化服务】提升患者就医感受

(Optimizing Service) Raising the Satisfaction Degree of Patients.

从患者感受出发,建设群众满意医院一直是大医一院始终不变的宗旨。大医一院在全省率先实行双实名制挂号出诊,率先开通“掌上医院”微信预约平台,2017年全省率先试行门诊全部预约功能,在线查询报告,影像自助打印,实现临床移动查房、移动护理,按计划逐步实现无纸化医疗。2017年,大医一院严格按照日间手术流程开展真正意义上24小时内完成入院、手术及出

院,并于2018年率先在东北挂牌日间手术中心,同时成为辽宁省内唯一中国日间手术合作联盟会员,真正地将惠民新理念扎实落地。同年,大医一院长春路院区无痛内镜诊疗中心正式启动。为了满足患者对专科诊疗的需求,大医一院还开设多个专病门诊,为患者专科就诊提供了方便,也使大医一院的专科实力及品牌效应不断增强。

The hospital has always been putting great emphasis on constructing the hospital with high satisfaction from patients. The hospital is the first in Liaoning Province to practice the dual real-name registration and outpatient visiting mechanism and to establish a Wechat medical reservation platform of "mobile hospital" online. In 2017, the hospital became the first in the province to practice the functions of online reservation of all outpatient departments, online medical reports, and self-printing of medical images, as well as online clinical rounds and mobile medical care, and began the process of all-paperless medical treatment. In 2017, the hospital succeeded in realizing the process of admission-operation-discharge within 24 hours, strictly following the ambulatory surgery procedures, and in 2018, the hospital established the first ambulatory surgery center in Northeastern China, and became the only member of China Ambulatory Surgery Alliance in Liaoning Province, practicing the new philosophy of "benefiting patients". In the same year, the hospital opened the painless endoscopy diagnosis and treatment center in its Changchun Road branch. To meet the needs of patients towards better-quality diagnosis and treatment of specific diseases, the hospital has also opened many specific outpatient departments, offering convenience to patients and enhancing the professional power and brand effect of the hospital.

【科研发展】敢为人先力求创新

(Development of Scientific Research) Making Cutting-edge Innovation

大医一院现有长江学者以上国家级人才3名,国家百千万人才工程3名;国家卫计委突出贡献青年专家4名,高端人才数量位居东北大学附属医院前列。2017年,医院本土专家夏云龙教授首次入选教育部“长江学者奖励计划”特聘教授,填补大连医科大学建校70余年来的空白。

医院拥有科技部干细胞移植国际科技合作基地,相继获批五个国家级平台、八个重点实验室、三个省级医学研究中心。推出我国第一部干细胞临床研究质

量控制体系,获准开展中国唯一神经干细胞治疗小儿脑瘫研究项目,取得较好成效,形成全国领先医疗新技术特色。团队编纂的《干细胞临床研究质控体系的建立》,填补了我国干细胞临床研究质控管理体系的空白。并与大连高新区共建大连干细胞与精准医学创新研究院。大医一院新增国家级基因检测技术应用示范中心、辽宁省重型急腹症中西医结合治疗重点实验室,顺利通过辽宁省临床检验中心临床基因扩增实验室评审。

The hospital now has three national-level talents, with the academic titles of Yangtze River Scholars or above, three talents included in national-level Millions of Talent Projects, and four youth experts with key contributions approved by National Health and Family Planning Commission. The hospital has the largest number of top-level personnel in all university-affiliated hospitals in Northeastern China. In 2017, Prof. Xia Yunlong, the native expert of the hospital, became the distinguished professor included in the "Reward Plan of Yangtze River Scholars" by Ministry of Education, the first in DMU since the establishment of the university over 70 years ago.

The hospital has an international-level scientific cooperation base for stem cell transplantation approved by Ministry of Science and Technology, with five national-level platforms, eight provincial-level key labs, and three provincial-level medical research centers. The hospital has put forward the first quality control system of clinical research of stem cells in China, and has been approved to develop the only research project of treating ICP with neural stem cells in China, with satisfactory achievements and new leading technical and medical features in the country. The research of "Establishment of Quality Control System of Clinical Research of Stem Cells" by the professional team of the hospital, filled in the gap of the relevant field in China. The hospital has also established Dalian Institute of Innovation Research of Stem Cell and Precision Medicine with the cooperation of Dalian Hi-Tech Zone to create a new-type. The hospital has newly opened a national-level application demonstration center of genetic testing and a provincial-level key lab of the treatment of acute abdominal pain with the combination of TCM and western medicine. It has also passed the evaluation of the clinical gene amplification lab of Liaoning Center for Clinical Laboratory.

【践行公益】大爱至善温暖四方

(Practising Public Welfare) Offering Warmth and Benevolence to the Masses

大医一院始终以“惠民便民”为己任,坚持社会公益,用实际行动诠释大爱至善。大医一院持续开展全国唯一“心”健康快车,累计行程三万两千公里,诊疗近万人次。宁养服务在2015、2017年度获优秀“全人关怀”奖,连续三年出诊量位居全国首位。长期派遣医学专家对口支援青海、朝阳,共享资源,传递大爱。并为贫困地区进行义诊,常态化开展无偿献血活动。医院还创建东北地区首家采用VR虚拟3D技术的电子院史馆,使百姓直观感受医院历史积淀。

“将健康融入所有政策,人民共建共享。”不单是一种理念和口号,砥砺前行的大医人始终秉承“弘道笃行,精诚大医”的院训精神,在坚定地地为辽南地区卫生健康事业的发展而不懈努力的同时,也赢得广大滨城百姓对医院的点赞与认可,绘就了“健康大连”的美好画卷,助推了健康辽宁的建设。

在2019年度全国深化医改经验推广会上,大医一院

医疗服务新模式获得表彰。2018年,大医一院再次从全国诸多直辖市及省会城市医院中脱颖而出,以比去年提高九名的成绩入选“2017中国医院竞争力顶级医院100强”,位列省会市属/计划单列市医院前5强,同时,入选2017中国医院信息互联HIC竞争力100强;在“进一步改善医疗服务行动计划(2018—2020年)”活动中,大医一院投递3个案例,均斩获东北赛区十大价值案例。其中,《不忘初心 砥砺前行》《让爱领航 共筑医患和谐新篇章》还分别获得该主题东北赛区十大人气案例;2018年中国医院影响力排行榜公布了2018年中国医院影响力综合100强和29个专业100强,大医一院作为辽南地区唯一一家进入排行榜的医院,位列榜单50强;中国医学人文大会期间,中国医师协会、白求恩精神研究会公布了全国54所医院为2018年“人文爱心医院”,大医一院获颁全国“人文爱心医院”,是本年度辽宁省唯一获此殊荣的省直医院。

With "benefiting and facilitating people" as its fundamental responsibility, the hospital has been practicing public welfare for many years and continuously offering warmth and benevolence to the masses. The hospital has been holding the activities of "heart-to-heart" health express across China, with a total traveling mileage of over 32,000 km, and the total patient number of nearly 10,000. The peaceful senior care service of the hospital has received the "excellence award of intensive medical care" in 2015 and 2017. The outpatient amount continuously ranked first in the whole country for three years. The hospital has long been sending medical experts to Qinghai Province and Chaoyang in Liaoning to share the resource and to deliver the generous love to local patients in poverty-stricken areas by means of free diagnosis and blood donation on a regular basis. The hospital has established the first electronic hospital history museum with the application of VR and 3D technologies in Northeastern China, and visitors are able to have a thorough understanding of the historical development of the hospital in a more vivid way.

"Integrating health into all policies and building and sharing among people" is not merely a philosophy or a simple slogan. The hospital has been continuously practicing the spirit of "dedication and sincerity" and making great contribution to the development of the medical field of Southern Liaoning, winning the praise of all citizens of Dalian. By trying to build a healthier Dalian, the hospital has also been accelerating the construction process of a "healthy Liaoning".

In 2019 National Experience Promotion Meeting of Deepening Medical Reform, the hospital was awarded for its new medical service mode. In 2018, the hospital again outperformed the hospitals of municipalities and provincial capitals. The hospital became one of "2017 Top 100 Competitive Hospitals in China", ranking top five among all hospitals in provincial-level capital cities and cities with independent planning status, with great progress compared to the ranking in the previous year. Meanwhile, the hospital was also listed in 2017 Top 100 Chinese Hospitals in Information Interconnection and HIC Competitiveness. The hospital submitted three cases for the activity of "Initiative of Further Improvement of Medical Service (2018-2020)", which finally became one of Top 10 Valuable Cases in Northeastern and Northwestern China. The cases of "Don't Forget Why We Started and Move Forward Bravely" and "Love Navigates the Course of the Harmonious Development of Doctor-patient Relationship" became Top 10 Popular Cases in Northeastern China. In 2018, the hospital became one of Top 50 Chinese Hospitals with Great Comprehensive Influence and 29 Chinese hospitals with Top 100 Medical Departments, the only hospital to be listed in Southern Liaoning. During China Medical Humanities Conference, the hospital became one of the 54 hospitals in the list of 2018 Hospitals with Great Humanistic Care approved by Chinese Medical Doctor Association and Research Society of Norman Bethune's Spirits, the only hospital winning this honorary title of all provincial-level hospitals in Liaoning in 2018.